DUBBO MEDICAL AND HEALTH GROUP

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F: 02 6884 4176

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Partners Dr Vijay Pandya Dr Sunil Jacob **Dr Sunita Agrawal** Dr Kate Green Dr Matthew Rice Dr Sanjay Sinha Mr Bharat Pandya

General PractitionersDr Chowdhury Beg

Dr David Lim

Dr Haniff Abdullah

Dr Mary Howes Dr Asha Jacob Dr Nisha Padmanabhan

Dr Nina Dowling

Dr Shamim Farooq Dr Kelly Bradley

Dr Sonia Ferdous

Allied Health

Physiotherapist Mrs Rajal Pandya

Chiropractor Mr Bharat Pandya

Remedial Massage Ms Natalie Auld

Occupational Therapy Mr Roy Jorda

Podiatry Mrs Nicole Wright Mr Michael Duggan

Psychology Mr Srijan Sinha Mr Nicholas Hurford Mrs Philippa Scott

Clinical Social Worker Mrs Hepzhi Victor

Dietitian & Diabetes **Educator** Dr Madhuri Velagala

Practice Staff

Practice Manager Kirbi Hocking

Reception Team Leaders Julie-Anne Anderson **Elenor Simpson**

Practice Nurses Cathy, Sarah, Robin, Maria, Sarah & Jenny

MAY 2018

DMAHG News

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Next Toda

Deb

Wed

Dr F

Next

Joh

Next

Mon

Dr / Next

Wedi

- Farewell and good luck to EN, Carmen Harris
- Welcome new RN's Sarah and Maria
- New online booking system allowing bookings for Delroy Park!



NEW online booking provider HotDoc now allows bookings at DELROY and BULTJE ST.

HotDoc has it's own app which can be downloaded on all smart phone devices and allows you to check your appointment time, confirm and cancel your appointment. HotDoc also sends you reminders about your appointment in which you will have to confirm!

We are very excited about this change and hope this improves our services and patient satisfaction Please note that new patients for GP's will still need to phone to make a

How To Book Online

Visit www.dmahg.com.au and follow the prompts, or download the HotDoc app on your mobile device.





Book an appointment 24/7 at home or on the

DID YOU KNOW THAT WE OFFER



Dietetic Service



Counselling Services



Antenatal Care

Speak to reception for more details



NON-ATTENDENCE

Recent figures show that from January 1st 2018 - April 30th 2018 DMAHG has had a total of 2111 non attendances. Please be considerate if you are not in need of an appointment and contact our reception staff to reschedule or cancel AS SOON AS POSSIBLE so the appointment can be offered to another patient.



(5)

Lung health awareness month
10 May - World Lupus Day –
Nationwide
13-20 May - Pneumonia
Awareness Week
30 May - World MS Day
27 May - 2 June - Cancer

Research Awareness Week



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Reception Staff
Brooke, Jess, Kirsty, Kristy,
Brenda, Julie, Deepa, Elenor,
Denielle, Isabeau, Petra,
Diana & Penny

SpecialistsPsychiatrist
Dr Sanjay Sinha

*Paediatrician*Dr Rajv Agrawal

Visiting Specialists
Neurologists
Prof Simon Lewis
Dr Ruhaida Daud

Cardiac Pacemaker Clinic
Prof Mark McGuire
Dr Bill Petrellis
Dr Caroline Medi

Opthalmologist Dr Vivek Pandya Dr John Chang Dr Dov Hersh

Bariatric Surgeon
Dr James Chau

BOOK ONLINE

Visit www.dmahg.com.au

Bultje Street Mon - Fri 8.30am - 6.00pm Saturday 8.30am - 5.00pm

Delroy Park Mon - Fri 8.30am - 5.30pm Sunday 9.00am - 1.00pm

Psychological Testing IQ

What is it?

A formal process using validated and reliable measures of aspects of an individual's psychological or cognitive functioning. It might include paper and pencil tests like questionnaires and surveys, or the completion of set puzzle-like activities that evaluate certain skills such as planning, memory or problem-solving.

Why?

Psychological testing can answer a broad range of questions. For example, a prospective employer may have a psychologist test candidates as part of the employment recruitment process to determine what skills they have in a particular area. A psychologist may help test an individual to judge whether they are competent to manage their own affairs responsibly.

Psychologists often assess children with special learning needs, people with brain injuries, or older adults experiencing problems with declining memory so that they, and others around them better understand their needs. Other psychologists provide assessments for the criminal justice system, or evaluate and provide professional psychological opinion to the courts on child custody cases.

How?

Mr Nicholas Hurford DMAHG's in house psychologist performs IQ tests. A consultation with Mr Hurford will need to be arranged prior to testing. Please see your general practitioner for a referral.

PATIENT EDUCATION CORNER

Cancer

Health topic of the month: Cancer

Reception have been busy creating informative posters to cover different types of cancers

- Ovarian Cancer
- Breast Cancer
- Bowel Cancer
- Prostate Cancer
- Lung Cancer

As well as support services

- Cancer council
- CanTeen

You can see these posters in both Bultje and Delroy's waiting areas.



ANXIETY
DEPRESSION
DUBBO
LAUGHTER

CHIROPRACTOR
DIABETES
HAPPY
ONLINEBOOKING

CONFIDENTIAL DMAHG HEALTHY PHYSIO



Staff Interview

Name: Dr Kelly Bradley Role: Registrar MBBS B.ExSc (Rehab)

Why did you decide to become a doctor? I found it was a job where I could be useful in helping people get better in all aspects of their lives.

What part about your job do you most enjoy? Getting to know babies from when mum is pregnant, the delivery and then seeing them grow up.

Before working at DMAHG, what was the most unusual or interesting job you've ever had? Truck driver in the army

If given a chance, who would you like to be for a day and why?
Julia Roberts, All her crazy stories have a romantic happy ending in the movies.